

Supplement Facts

Serving Size: 2 Scoops (50g)

Servings Per Container: Approx. 37

% Daily Value**

Amount Per Serving

Calories 203	Calories from fat 27	
Total Fat	3g	4%
Saturated Fat	0g	0%
Cholesterol	5mg	2%
Sodium	35mg	1%
Total Carbohydrates	4g	1%
Sugars	<1g	†
Fiber	3g	12%
Protein	40g	80%

Complete Vita-Mineral Profile™

Vitamin A 50%, Vitamin B6 50%, Selenium 50%, Vitamin E 50% Pantothenic Acid 50%, Molybdenum 50%, Vitamin K 50% Phosphorus 50%, Chloride 20%, Thiamin 50%, Iodine 50% Riboflavin 50%, Niacin 50%, Zinc 50%, Magnesium 50% Chromium 50%, Vitamin C 50%, Folate 50%, Copper 50% Calcium 60%, Manganese 50%, Iron 6%, Biotin 50% Vitamin B12 50%

Nitro Complete Metafuse™

Ion Exchanged Whey Protein Isolate, Whey Protein Concentrate, Potassium Caseinate, Egg Albumin.

Essential Complete Lipids™

Flax Seed Oil (cold pressed, organic), Sunflower Oil Powder.

Fiber Complete™

Fructosaccharides (FOS), Flax Fiber

Complete Digestive Enzymes™ †

Protease 1, Protease 2, Peptizyme SP, Amylase, Lactase

Amino Complete Recovery™

Glutamine Peptides 3g	L-Lysine* 2.83g
L-Alanine 1.18g	L-Methionine* 1.06g
L-Arginine 1.50g	L-Phenylalanine* 1.80g
L-Aspartic Acid 2.43g	L-Proline 3.75g
L-Cystine .96g	L-Serine 2.35g
L-Glutamic Acid 5.77g	L-Threonine* 1.76g
L-Glycine .80g	L-Tryptophan* .34g
L-Histidine 1.20g	L-Tyrosine 2.13g
L-Isoleucine* 1.86g	L-Valine 2.00g
L-Leucine* 3.28g	*Essential Amino Acid

Other Ingredients: Natural and Artificial Flavors, Sucralose.

**Percent Daily Values are based on a 2,000 calorie diet.

† Percent daily value not established