

Week 1 (02.10. - 08.10.)					
Day 1 - Monday	100mg Test Prop		0.25 arimidex		
Day 2 - Tuesday					
Day 3 - Wednesday	100mg Test Prop		0.25 arimidex		
Day 4 - Thursday					
Day 5 - Friday	100mg Test Prop		0.25 arimidex		
Day 6 - Saturday					
Day 7 - Sunday			0.25 arimidex		
Week 2 (09.10.-15.10.)					
Day 1 - Monday	100mg Test Prop	50mg Winstrol		240mg Milk thistle (Samarin)	1500gm Viartril-S
Day 2- Tuesday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 3 - Wednesday	100mg Test Prop	50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 4 - Thursday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 5 - Friday	100mg Test Prop	50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 6 - Saturday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 7 - Sunday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Week 3 (16.10.-22.10.)					
Day 1 - Monday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 2- Tuesday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 3 - Wednesday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 4 - Thursday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 5 - Friday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 6 - Saturday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 7 - Sunday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Week 4 (23.10.-29.10.)					
Day 1 - Monday	100mg Test Prop	50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 2- Tuesday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 3 - Wednesday	100mg Test Prop	50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 4 - Thursday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 5 - Friday	100mg Test Prop	50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 6 - Saturday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 7 - Sunday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Week 5 (30.10.-05.11.)					
Day 1 - Monday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 2 - Tuesday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 3 - Wednesday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 4 - Thursday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 5 - Friday	100mg Test Prop	50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 6 - Saturday		50mg Winstrol		140mg Milk thistle (Samarin)	1500gm Viartril-S
Day 7 - Sunday		50mg Winstrol	0.25 arimidex	140mg Milk thistle (Samarin)	1500gm Viartril-S
Week 6 (06.11.-12.11.)					
Day 1 - Monday	100mg Test Prop				
Day 2 - Tuesday			0.25 arimidex		
Day 3 - Wednesday	100mg Test Prop				
Day 4 - Thursday			0.25 arimidex		
Day 5 - Friday	100mg Test Prop				
Day 6 - Saturday			0.25 arimidex		
Day 7 - Sunday					

Week 7 (13.11.-19.11.)					
Day 1 - Monday					
Day 2 - Tuesday					
Day 3 - Wednesday	150mg Clomid	40mg Nolvadex			
Day 4 - Thursday	100mg Clomid	40mg Nolvadex			
Day 5 - Friday	100mg Clomid	40mg Nolvadex			
Day 6 - Saturday	100mg Clomid	40mg Nolvadex			
Day 7 - Sunday	100mg Clomid	40mg Nolvadex			
Week 8 (20.11.-26.11.)					
Day 1 - Monday	50mg Clomid	20mg Nolvadex			
Day 2 - Tuesday	50mg Clomid	20mg Nolvadex			
Day 3 - Wednesday	50mg Clomid	20mg Nolvadex			
Day 4 - Thursday	50mg Clomid	20mg Nolvadex			
Day 5 - Friday	50mg Clomid	20mg Nolvadex			
Day 6 - Saturday	50mg Clomid	20mg Nolvadex			
Day 7 - Sunday	50mg Clomid	20mg Nolvadex			
Week 9 (27.11.-03.12)					
Day 1 - Monday	50mg Clomid	10mg Nolvadex			
Day 2 - Tuesday	50mg Clomid	10mg Nolvadex			
Day 3 - Wednesday	50mg Clomid	10mg Nolvadex			
Day 4 - Thursday	50mg Clomid	10mg Nolvadex			
Day 5 - Friday	50mg Clomid	10mg Nolvadex			
Day 6 - Saturday	50mg Clomid	10mg Nolvadex			
Day 7 - Sunday	50mg Clomid	10mg Nolvadex			